

# Do Not Worry



Name \_\_\_\_\_

## I can trust God.

### Be Happy!

Jesus loved to teach people about how God wants people to live. "God takes care of us!" Jesus said. "Don't worry."

Use these little pictures to help you tell Jesus' story.



said,



Look at the



God makes sure they have



Look at the



God colors them



and



and



God will feed



and the



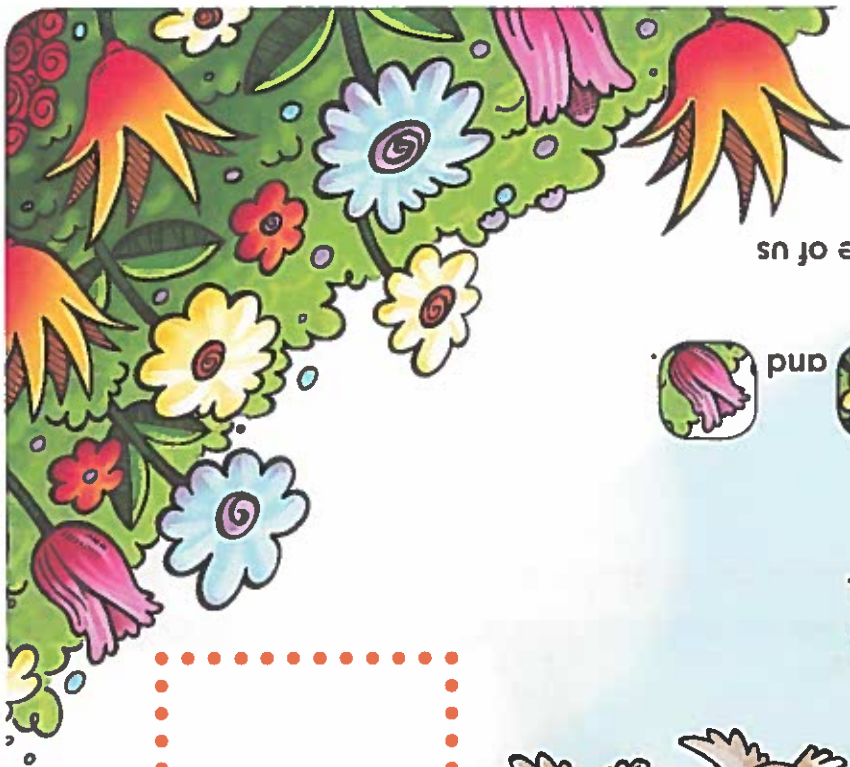
like the



Don't

Be

Today's Bible story, **Do Not Worry**, is from the Gospel of **Matthew**. In many of Matthew's stories, **Jesus** uses **nature** to **teach** about God's love.



# God Made Me Beautiful



I'm as beautiful as this bird:



I'm as beautiful as this flower:



Here is a picture of beautiful me!





TRY IT!

# Trusting in God's Care



Jesus said, "Worry gets you nowhere—so stop! Trust that God will take care of you." Look carefully at this picture and name everything that you see that reminds you of God's care for you. God wants us to have fun and be happy. So find all the silly things in this picture too.



Faith on the Go!

Today's Bible story, **Do Not Worry**, is from the Gospel of **Matthew**. In many of Matthew's stories,

uses [ ] to [ ] about God's love.

IT'S REAL

# Jesus' Flowers

Jesus talked about birds and flowers to teach people how to trust in God's care. **What kinds of flowers did Jesus see?**



Anemones  
often bloomed  
in the middle  
of dry, rocky  
ground.



Cistus  
are wild  
roses.



Oleanthers  
grew along the  
Sea of Galilee.



Poppies  
brightened up  
many fields  
where Jesus  
lived and taught.

I can trust God.

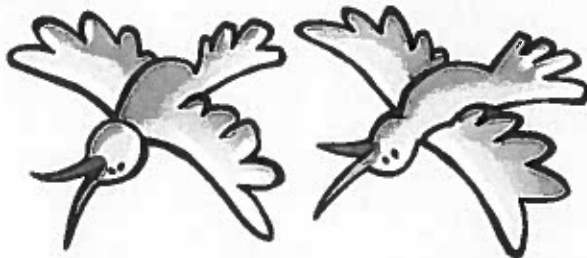
I want to:

- \_\_\_ Watch a bird
- \_\_\_ Plant a flower seed
- \_\_\_ Put out some birdseed
- \_\_\_ Tell you what worries me
- \_\_\_ Go outside!
- \_\_\_ Pretend I'm a bird
- \_\_\_ Invite you to church
- \_\_\_ Give you a big hug
- \_\_\_ Say "I'm sorry"
- \_\_\_ Pray for you
- \_\_\_ My own idea: \_\_\_\_\_

To: \_\_\_\_\_ From: \_\_\_\_\_

Date: \_\_\_\_\_

# Do Not Worry



Jesus loved to teach people about how God wants people to live.

“God takes care of us!” Jesus said. “Don’t worry

about what you are going to eat or what you might

wear or when you’ll grow taller. God will take care of

these things for you. Look at the birds. Do they worry

about what they eat? Of course not! God makes sure

they have food. Look at the flowers. Do they worry

about what color they are? Of course not! God made

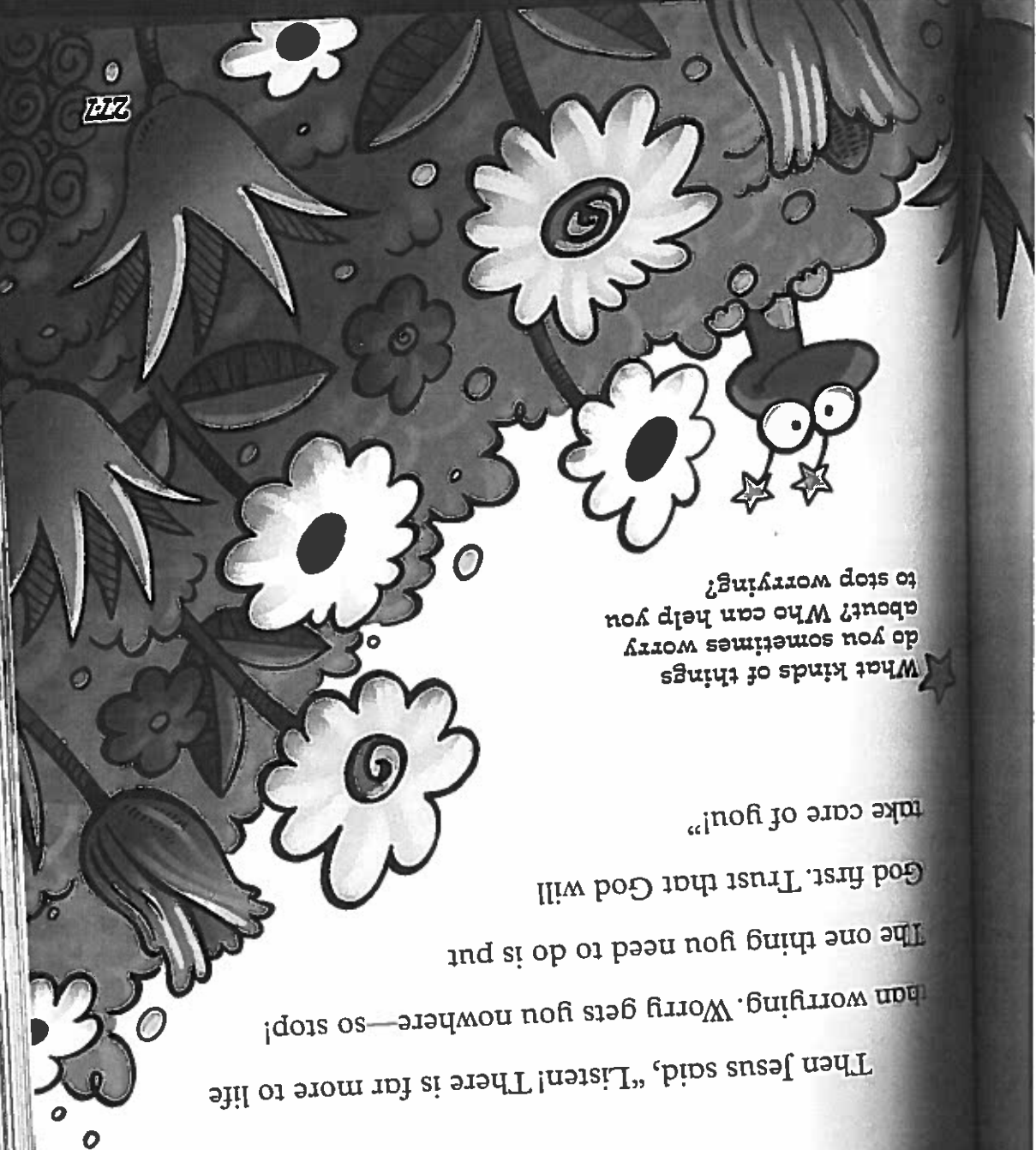
them each beautiful in their own way. And God makes

you beautiful too. You’re beautiful simply because

you are YOU!”







What kinds of things do you sometimes worry about? Who can help you to stop worrying?

Then Jesus said, "Listen! There is far more to life than worrying. Worry gets you nowhere—so stop! The one thing you need to do is put God first. Trust that God will take care of you!"

